





lame						
	Grad	le 6-8	Pre/	Post	Test	
	Answer each	questic	on to the	e best o	f your ability	y .
Which of these are o	communicable	disease	es (mai	k all th	at apply):	
Flu	Diabetes			Cancer		Tooth decay
Measles	Oovid-19		\bigcirc	Heart d	isease	
						of 1 to 5, with 1 being gree with the statement.
Yo	ou should wear a	a mouth	guard o	during a	ll sports act	ivities.
	1	2	3	4	5	
	Your food choice	es affec	t the fut	ure heal	th of your te	eth.
	1	2	3	4	5	
Si	moking cigarett	es harr	ns teet	h by ca	using dry m	nouth.
	1	2	3	4	5	
S	Smoke-free poli	cies red	luce the	e popula	arity of smo	king.
	1	2	3	4	5	
	Social med	lia influe	ences c	ur heal	th choices.	
	1	2	3	4	5	
	E-cig	arettes	do not	harm te	eeth.	
	1	2	3	4	5	
Please check 3 posi	tive alternative	s to us	ing alc	ohol or	drugs:	
OGing for a walk	k OJournaling			Staying up late		Trying a new hobby
Vaping	Calling a	Calling a friend		Listening to music		Orinking soda
How do sugary beve	erages harm yo	ur bod	y and t	eeth (cl	heck all tha	at apply)?
Contribute to chro		Provide nutrients				estore tooth enamel
disease	_	<u> </u>				

Increase acid on teeth

Hydrate your body

Lead to faster tooth decay
Feed bacteria in mouth





Name **Grade 6-8 Pre/Post Test Answer Key** Answer each question to the best of your ability. Which of these are communicable diseases (mark all that apply): Tooth decay Diabetes Cancer Covid-19 Measles Heart disease Please circle the number that best describes how you feel on a scale of 1 to 5, with 1 being you strongly disagree with the statement and 5 being you strongly agree with the statement. You should wear a mouthquard during all sports activities. Your food choices affect the future health of your teeth. 1 2 Smoking cigarettes harms teeth by causing dry mouth. Smoke-free policies reduce the popularity of smoking. 2 Social media influences our health choices. 2 E-cigarettes do not harm teeth. Please check 3 positive alternatives to using alcohol or drugs: ✓ Journaling Trying a new hobby Going for a walk Staying up late Calling a friend Vaping How do sugary beverages harm your body and teeth (check all that apply)? Contribute to chronic Provide nutrients Restore tooth enamel disease

Lead to faster tooth decay

Increase acid on teeth

Hydrate your body

Feed bacteria in mouth